

HUDSON UNITED SOCCER CLUB
Covid-19 Guidelines

PLAYERS/ATHLETES

- Will not share water, clothing or other equipment;
- Will maintain social distance (6 feet) when not engaged in play;
- Will disperse immediately upon the end of their intended activity, or engage in social distancing and wear a mask when social distancing is not possible;
- Will keep all personal belongings (such as backpacks and water bottles) at least 6 feet from the personal belongings of others; and
- Will not Spit, chew gum, lick fingers etc.
- Will bathe and wash athletic wear immediately following play.

PARENTS/GUARDIANS/SPECTATORS (PGS)

- Competitive Sporting Events:
 - PGS are limited to close/immediate family members of athlete(s) participating;
 - Remain outside of all “in-play areas” at all times; and
 - Social distancing of 6-feet outside of your family pod is in effect.
 - PGS and children above the age of 2 shall wear face coverings.

COACHES

- Will not share equipment, clothing or water.
- Will maintain social distance (6 feet) when not engaged in coaching/training.
- In any instance where social distancing is not possible, Coaches shall wear a cloth face covering.
- Will disperse immediately upon the end of their intended activity, or engage in social distancing and wear a mask when social distancing is not possible.
- Will take temperatures of players and other coaches prior to beginning of the game
- Coaches are NOT required to journal the temperatures.
- Will verify all players and coaches answer no to the following questions (If any player or coach answers yes to any of the following questions please report the issue to the Home Team Coach):
 - Has symptoms of COVID-19;
 - Fever of 100.4 or higher;
 - Contact with anyone suspected/confirmed to have/had COVID-19 in the past 14 days;
 - Traveled in the past 14 days outside of NH, VT, MA, CT, RI or ME.